

*“It’s such an extraordinary thing, music...  
and it seems to be how we communicate on another level.”*

- Bono (U2)

**JOIN US FOR THE NEXT  
FINDING US IN MUSIC  
FACILITATOR TRAINING  
COURSE!**

**Tuesday Feb 8 and ending on  
March 15, 2022 (tentative time:  
9 a.m. till 12 noon EST; 4 p.m.  
to 7 p.m. SAST)**



**Finding Us in Music™**

FACILITATOR TRAINING COURSE

with Barbara Nussbaum and Leslie Ritter

## The need to build belonging

During these extraordinary times the needs of employees are changing. Hybrid teams are emerging, while some companies insist employees come to the office. As ever-greater stressors are placed on individuals everywhere, the need for connection and building belonging has never been so apparent.

- Are the organizations you are working with looking to create a deeper sense of community and belonging?
- Are you looking to help organizations develop a culture of caring and connection?
- Are your organisations seeking to find innovative solutions to the new challenges of hybrid workplaces ?

If you are wanting to learn a fresh approach to add to your repertoire, this course may be for you! This innovative approach works for experienced facilitators.

## Unlocking the gifts of diversity, equity, inclusion and belonging

To flourish in the uncertain years ahead, organizations will need to nurture and cultivate the social and intellectual capital that exists within the diversity of their people. As a coach or facilitator, you can learn a new way to unlock the gifts of diversity, inclusion and belonging. Meaningful inclusion asks for a level of authentic engagement and belonging that most workplaces struggle to achieve.

## Facilitator Training Course: Finding Us in Music™

The next online Facilitator Training course for Finding Us in Music™ (FUIM) will start on Tuesday, February 8, 2022.

This innovative and trademarked course is designed for experienced coaches and facilitators. This course will provide opportunities to cultivate and deepen your inner qualities, such as: presence; authenticity; compassion and creativity. You will master how to use music and other-centred listening in the service of stewarding trust, group cohesion, collaboration and team performance.

The ideal candidate is an experienced facilitator who wishes to promote deeper connection and trust with individuals and teams. The FUIM methodology is, at its core, a social flourishing practice, that ignites compassion, mutual understanding and fosters performance excellence and social flourishing.

## The power of music

The presence of music itself changes the atmosphere and radically alters the way people see themselves and each other. Music surfaces new truths and builds bonds in a way that words alone cannot. We experience the roots of each other's hope, passion, priorities, gifts, excitement and inspiration differently through the FUIM methodology.

## Do you have the following:

- ❖ A passion for listening to music?
- ❖ Facilitation Experience?
- ❖ A love for people? Creativity?
- ❖ A desire to incorporate appreciation, compassion and generosity in your work?

*“I have worked with Barbara and speak from my experience, she takes people and their music where they have never been before, leaving a lasting impact.”*

Dr Leland Kaiser, Kaiser Institute,  
Denver, Colorado

## Facilitator Training Course: Finding Us in Music™

In this course you will hone and refine your ability to listen to others in a holistic and layered way through the frame of music and reflective storytelling. You will learn to:

- listen with greater generosity, with empathy and imagination.
- listen with fluid and creative attention
- cultivate a deep awareness of self and other
- master the art of non-judgment and embodied compassion
- listen with awareness of nuances and subtleties in the music
- recognize the essence of each person's story and music and translate this into meaningful feedback
- make sense of the music and story participants choose
- role model how to foster regenerative reflection, evoke insight and build meaning connections in an intact teams

### Commitment:

This 6-week course is built on a tried and tested methodology and will begin on Feb 1, 2022

Currently, information sessions are scheduled to learn more about the course.

Online courses are on offer every quarter. Be in touch for further information.

### Benefits

The **Finding Us in Music™** experience invites a different quality of attention and intention into the group, producing:

- **Heightened group engagement**, deepening connection and the potential for collaboration;
- **Increased cohesion**, as groundbreaking insights emerge and develop within the team;
- **Greater belonging**, as everyone feels freer to express themselves trust grows
- **Meaningful inclusion**, through an emphasis on appreciation and acknowledgement of our individual and shared humanity.
- **Increased human and social capital.** This positively impacts the ability of teams to access latent talent and motivation; to creatively solve problems and to make courageous, innovative decisions.

## About Barbara

Barbara Nussbaum is the founder and owner of Finding Us in Music™, a Penguin author and trained creative arts therapist. She is the visionary behind the design of this ground-breaking trademarked methodology. In addition, Barbara is a globally recognised thought leader on Ubuntu –an African word for communally expressed humanity. Thousands of people throughout the world have been touched and inspired by her music-centric methodology and the potential it releases in individuals and teams. Her first formulation of **Finding Us in Music™** was included and published in the *Handbook on Personal and Organizational Transformation* (Springer, New York 2018, Editor Judi Neal). She will be co-hosting this course with Leslie Ritter, a world class facilitator and coach.

*Barbara gently coached us as facilitators to listen differently and to harness the power of this unique methodology preparing us to use it to bring about deeper connections and shifts in groups we work with.*

- Alison Gitelson, Master Trainer  
Facilitator, South Africa

*“Barbara's special blend of insight, empathy and ability to 'connect' is the perfect skill set to ensure that her innovative process works.”*

David Storey  
Partner  
Ernst and Young, UK



## About Leslie

Leslie is a coach/facilitator/designer of programs for individual and group transformation. As the former Wellness Director for the visionary women's clothing company, Eileen Fisher, based in New York, she helped to build a culture of wellbeing, connection and caring. She is certified in Enneagram individual and team coaching and is currently co-leading a collective of *Soulful Facilitators*, committed to bringing greater compassion, connection and love to organizations and systems.

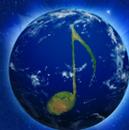
Leslie is also a professional singer and brings her musician's ear to her presence as a **Finding Us In Music™** facilitator.

*“Leslie's warm nature and generosity of spirit made for a wonderful experience with much deep learning.”*  
Jonci Cukier, Former CEO Eileen Fisher



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[findingusinmusic.co.za](http://findingusinmusic.co.za)