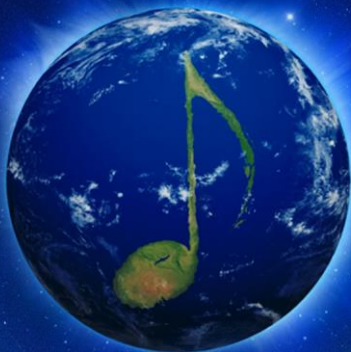


*“It’s such an extraordinary thing, music...  
and it seems to be how we communicate on another level.”*

- Bono (U2)



## **Finding Us in Music**<sup>TM</sup>

FACILITATOR TRAINING COURSE  
with Barbara Nussbaum and Leslie Ritter

## The need to build belonging

During these extraordinary times social distancing has been part of organizational life for well over a year. As ever-greater stressors are placed on individuals everywhere, the need for connection and togetherness has never been so apparent.

- Are the organisations you are working with looking to create a deeper sense of community and belonging?
- Are you looking to help organizations develop a culture of caring and connection?
- Are your organisations seeking to find solutions to the isolation of remote working?

If you are wanting to learn a fresh approach to add to your repertoire, this course may be for you!

## Unlocking the gifts of diversity, equity, inclusion and belonging

To flourish in the uncertain years ahead, organisations will need to nurture and cultivate the social and intellectual capital that exists in the diversity of their teams. As a facilitator, you can learn a new way to unlock the gifts of diversity and inclusion. Meaningful inclusion asks for a level of authentic engagement and belonging that most workplaces struggle to achieve.

## Facilitator Training Course: Finding Us in Music™

The next online Facilitator Training course for Finding Us in Music™ (FUIM) will start on July 13 2021.

This innovative and trademarked course is designed for experienced facilitators. This course will provide opportunities to cultivate and deepen the facilitator's inner qualities, such as: presence; authenticity; and creativity. You will master how to use music and other-centred listening in the service of individual agency, group cohesion and team performance.

The ideal candidate is an experienced facilitator who wishes to build belonging in the groups they work with. The FUIM methodology is, at its core, a social flourishing practice, that ignites compassion and mutual understanding within natural teams.

## The power of music

The presence of music itself changes the atmosphere and radically alters the way people see each other. Music surfaces new truths and builds bonds in a way that words alone cannot. We experience the roots of each other's hope, passion, priorities, excitement and inspiration.

## Do you have the following:

- ❖ A passion for listening to music?
- ❖ Creativity? Facilitation Experience?
- ❖ A love for people?
- ❖ A desire to incorporate appreciation, compassion and generosity into group facilitation?

*Barbara has an infectious joy, wonder and curiosity that enable her to be a masterful facilitator, coach and teacher*

Yochi, Jonathan Ress, Facilitator, Psychologist and Musician; CEO Attuned Consulting, Johannesburg



## Facilitator Training Course: Finding Us in Music™

In this course you will hone and refine your ability to listen to others in a holistic and layered way through the frame of music and reflective storytelling.

- listen with greater generosity, with empathy and imagination.
- listen with fluid and creative attention
- cultivate a deep awareness of self and other
- master the art of non-judgment and embodied compassion.
- listen with awareness of nuances and subtleties in the music
- recognize the essence of each person's story and music and translate this into meaningful feedback
- make sense of the music and story participants choose
- role model how to empower reflection and evoke insight and connection in others

### Commitment:

This 9-week course is built on a tried and tested methodology and will begin on July 13

Currently, info sessions are scheduled to learn more about the course.

Online courses are on offer every quarter. Be in touch for further information.

### Benefits

The **Finding Us in Music™** experience invites a different quality of attention and intention within group, including:

- **Heightened group engagement**, deepening connection and the potential for collaboration;
- **Increased cohesion**, as groundbreaking insights emerge and develop within the team;
- **Greater belonging**, as everyone feels freer to express themselves trust grows
- **Meaningful inclusion**, through an emphasis on appreciation and acknowledgement of our individual and shared humanity.
- **Cultivating this human and social capital** positively impacts the ability of teams to access latent talent and motivation; to creatively solve problems and to make courageous, innovative decisions.

## About Barbara

Barbara Nussbaum is the founder and owner of Finding Us in Music™. She is a published author and trained creative arts therapist. She designed the ground-breaking team-building methodology, **Finding Us in Music™**.

Thousands of people throughout the world have been touched and inspired by her music-centric methodology and the dynamic quantum bonding it delivers. Her first formulation of **Finding Us in Music™** was included and published in the *Handbook on Personal and Organizational Transformation* (Springer 2018, Editor Judi Neal)

She will be co-hosting this course with Leslie Ritter, a world class facilitator.

*Barbara gently coached us as facilitators to listen differently and to harness the power of this unique methodology preparing us to use it to bring about deeper connections and shifts in groups we work with.*

- Alison Gitelson, Master Trainer  
Facilitator, South Africa

*“Barbara's special blend of insight, empathy and ability to 'connect' is the perfect skill set to ensure that her innovative process works.”*

David Storey  
Partner  
Ernst and Young, UK



## About Leslie

Leslie is a coach/facilitator/designer of programs for individual and group transformation. As the former Wellness Director for the visionary women's clothing company, Eileen Fisher, she helped to build a culture of wellbeing, connection and caring. She is certified in Enneagram individual and team coaching and is currently co-leading a collective of *Soulful Facilitators*, committed to bringing greater compassion, connection and love to organizations and systems.

Leslie is also a professional singer and brings her musician's ear to her presence as a **Finding Us In Music™** facilitator.

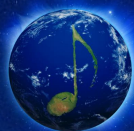


*“Leslie's warm nature and generosity of spirit made for a wonderful experience with much deep learning.”*

Jonci Cukier, Former CEO Eileen Fisher

Contact Barbara now to enquire:

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